

 **SACRED STEPS TO KAILASH**

Duration: 12 Nights / 13 Days

Destinations: Kathmandu (2N) → Syabrubesi / Timure (1N) → Kerung (1N) → Saga (2N) → Manasarovar Guesthouse (1N) → Darchen (1N) → Dirapuk (1N) → Zuthulpuk (1N) → Saga (1N) → Kathmandu (1N)

Ex Kathmandu

 **DAY-WISE ITINERARY**

Day 1  **Arrival in Kathmandu (1,400m)**

Traditional airport welcome & transfer to hotel.
Free time for rest, currency exchange, last-minute shopping for thermals/trek gear.
Evening informal introduction with fellow yatris.

 **Overnight:** Kathmandu
 Pleasant weather, moderate altitude

Day 2  **Sacred Temple Visits & Yatra Briefing**

Morning darshan at:

- **Pashupatinath Temple** – sacred Jyotirlinga connected spiritually to Kailash
- **Guhyeshwari Temple** – powerful Shakti Peeth
- **Budhanilkantha Temple** – reclining Lord Vishnu

Afternoon:

-  Detailed Yatra briefing
-  High-altitude health precautions
-  Duffle bag distribution & packing guidance
-  Document verification for Tibet permits

 **Overnight:** Kathmandu

Day 3  **Kathmandu → Syabrubesi / Timure**

Drive through scenic Himalayan roads along Trishuli River.
Gradual ascent helps body adapt naturally before entering Tibet.

 7–8 hours drive

 **Overnight:** Syabrubesi / Timure



Day 4 🇮🇳 Enter Tibet → Kerung (2,700m)

Cross Rasuwagadhi border & complete immigration formalities.

Drive into Tibet – landscape changes dramatically to dry plateau terrain.

This moderate altitude stop helps smooth acclimatization.

🕒 4–5 hours' drive

🏠 **Overnight:** Kerung Hotel

Day 5 🏠 Kerung → Saga (4,640m)

Drive across high mountain passes with panoramic Himalayan views.

Cross Brahmaputra (Yarlung Tsangpo) basin region.

Notice oxygen level drop – walk slowly & hydrate frequently.

🕒 6–7 hours drive

🏠 **Overnight:** Saga

Day 6 🧑‍🦰 Acclimatization at Saga

Very important health day:

- Light walking only
- Oxygen saturation monitoring
- Rest & hydration & Avoid overexertion

This day significantly reduces risk of AMS (Altitude Mountain Sickness).

🏠 **Overnight:** Saga

Day 7 🌊 Saga → Lake Manasarovar (4,590m)

One of the holiest lakes in the world. First darshan of **Mount Kailash** (weather permitting).

Activities:

- 🙏 Holy Snan (optional, weather dependent)
- 🔥 Group puja & Rudra Abhishek
- 🧘 Meditation by lake shore

Spiritual belief: Bath in Manasarovar purifies lifetimes of karma.

🕒 6–7 hours drive

🏠 **Overnight:** Lakeside Guesthouse (basic facilities)

Day 8 🚗 Manasarovar → Darchen (4,575m)

Morning sunrise prayers at the lake. Drive to Darchen – base camp for Mount Kailash Parikrama.

Afternoon:

- 🐎 Pony booking (optional)
- 📦 Final trek preparation
- 📖 Spiritual orientation for Kora

🏠 **Overnight:** Darchen Hotel



Mount Kailash Parikrama (3 Days Kora)

Day 9 **Darchen → Dirapuk (13 km | 5–6 hrs | 4,900m)**

Start the 3-day Kailash Kora, trekking from Darchen to Dirapuk Monastery. The trek offers the first close-up views of Mount Kailash's north face, a sacred and awe-inspiring sight for pilgrims.

 **Overnight:** Dirapuk Mud House (basic)

Day 10 **Dirapuk → Zuthulpuk via Dolma La Pass**

Most challenging day of Yatra.

Highlights:

- Cross 5,636m Dolma La Pass (highest point)
- Darshan of **Gauri Kund**
- Long descent to valley

 8–9 hrs trek

 **Overnight:** Zuthulpuk Mud House

Day 11 **Complete Kora → Drive to Saga**

Final 12 km easy walk to Darchen.
Drive back to Saga across plateau.

Completion of Kora is believed to free one from cycle of rebirth.

 **Overnight:** Saga Hotel

Day 12 **Saga → Kathmandu**

Drive to Kerung border & re-enter Nepal.
Long but scenic drive back to Kathmandu.

 9–10 hours

 **Overnight:** Kathmandu

Day 13 **Departure**

Airport transfer with blessings of Lord Shiva.
Yatra concludes with spiritual fulfilment.





✓ **INCLUSIONS**

- Accommodation in the selected hotel category — Standard (3 Star), Deluxe (4 Star), or Luxury (5 Star) — based on your chosen package and preference.
- Daily Breakfast at Hotel
- All sightseeing and excursions as mentioned in the itinerary.
- All transfers & sightseeing by private Air condition vehicle
- Vehicles are not to be at disposal and are available as per itinerary only (point to point basis)
- A/C coach & support trucks
- Tibet side: accommodation in decent hotel/Guest House
- Oxygen, basic first-aid kit.
- Kailash permit & normal Tibet
- 24x7 dedicated on-tour assistance and customer support from our office.

✗ **EXCLUSIONS**

- Any Airfare / Internal Flight
- Helicopter charges
- China Visa Fees
- Meals not included in the itinerary or Inclusions list.
- Early check-in or late check-out charges unless pre-booked.
- All beverages, Photography charges and Telephone calls
- Travel Insurance of clients
- Emergency evacuation expenses.
- Riding Yak/Horse for Kailash Parikrama (direct payable to Yak/horse herder)
- Extra cost in the event of landslide for hiring additional transportation
- Expenses of personal urgent visa fee etc & Services other than specified
- Personal porter to carry small bags during the Kora (Parikrama)
- Transportation for Asthapad (if wish to go)
- Extra accommodation in Kathmandu for early arrival or late departure.
- Personal oxygen bottles for individual use
- Anything not mentioned under the “Inclusions” section.

